



## Keeping Busy, Keeping Active

Issue No 7, September 2018

Registered Charity Number 1178797

### Important Visitor!

On Friday 5<sup>th</sup> October we have the pleasure of a visit from the new CEO of Horsham District Council – Glen Chipp. Glen will be visiting at around 10:45 for a short time, to see what is happening at the Project. The petanquers will be there, and the Men's Shed will be open. We also hope to have enough volunteers for a walking football session. Please do come to the site to help us fly the flag on that day.

### End of Month Pétanque & BBQ

Last Friday-of-the-month Pétanque and BBQ evenings will be back in 2019, but until then, don't forget that normal Friday evening Pétanque Club (sometimes with a visit to the pub afterwards!) continues while the weather and light allow. 5pm start at the moment.

### The Nets are up!

The huge retainer nets behind the goals at either end of the main pitch are now up! They look great and will be much appreciated by many-a-goalie!

### Dementia Awareness

We ran two Dementia Awareness training sessions during Aug/Sept which were really interesting. We have invited Horsham's "Rusty Brains" group to come to have a go at pétanque soon. If anyone has any questions about it please ask.

### Membership

Thanks to everyone who has completed their annual membership. HSCP has grown to 88 members enjoying the activities, including Hills Farm Lane Veteran footballers (31), Walking Footballers (26), Men's Shed (11), Pétanque (20). New members are always welcome, and any ideas / suggestions / comments from our members are taken very seriously by the trustees. Over the coming months we will be profiling the trustees of this organisation so you know who they are and what they bring to the party!

### Dates For Your Diary...

Men's Wellbeing talk, Tues 6th Nov

Time and venue details to be confirmed



### Hills Farm Lane Vets Football

Hills Farm Lane Veterans have had a fantastic start to the 2018-19 league season with two victories of 8-2 and 5-1. They currently lie second in the table, equal on points, and only two behind on goal difference. Watch their progress on the "Fixtures & Results" page of the website.

The over-50's vs Maresfield was played despite the morning rain deluge. Everyone had a good run out although the opposition's (questionable age) striker punished HFL.

The HFL AGM held on 4 September clarified many questions the members had around finances, pitch use, match selection etc. Thanks to those who attended and contributed. A HFL committee was formed, comprising Phil, Richard (Reg), Trevor, Darron, Sean and Russell and the plan is to deal with issues as they arise at bi-monthly meetings. The first of those meetings is in October.

Training for Vets, Holbrook, Tues 7-8pm.

Special congratulations to our vets league manager Darron and his (much) better half Kate who tie the knot this weekend! All best wishes!



### Hold onto your "rubbish"!

Dawn is collecting used stamps (for Age UK) and also old greeting cards. Please hang onto them for her! Phil will take them from you if you bring them on a Tuesday.



Thakeham Village Day  
Men's Shed Stall

### Walking Football

As part of Prostate Cancer UK Walking Football Month, the walking football session on Tuesday included a short fund and awareness-raising "Beat The Goalie" competition and "Cross-bar Challenge"! Richard clinched it to beat the goalie, and out of 40 shots only Ian and Bob could hit the bar! Keep practising lads! Importantly we raised £98 for the cause and hopefully reminded ourselves about this important health issue.



Walking football continues at Shipley until Winter deems it unsafe to play on the grass, at which point we will reconvene at Holbrook Club for a few months.

### Wednesday Pétanque

Some pétanquers have been having a game on Wednesday mornings while the Men's Shed is also open. Do join in.

### Men's Shed

The Thakeham Village Day was good, the gents sold a number of items and talked to a lot of people about the activities. Attention is now turning to Christmas; if you know of Xmas Fairs where a stall would be worthwhile, please let the men know.

Our very best wishes to Chris for a speedy recovery; his hip op is set for Wed 3 Oct.

### Get in Touch...

- Vets Football: Trev 07817 957461
- Walking Football: Phil 07786 070939
- Pétanque: Melanie 07760 153450
- Men's Shed: Phil 07786 070939
- Fundraising: Richard 07503 347811

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