



## Keeping Busy, Keeping Active

Issue No 15, July 2019

Registered Charity Number 1178797, operating with TD Shipley FC

### New for Summer 2019 - Health Walks

The land around Shipley is fascinating and beautiful, and Richard has been busy researching the area, plotting walks of varying lengths. Join him in exploring the beautiful Sussex countryside around Shipley, Dragons Green and Coolham. This Summer the walks take place on a Wednesday afternoon :

**7 August...** 13.30 pm, starting at TD Shipley site, approx 4 miles around Shipley.

**21 August...** Meet at The Selsey Arms pub in Coolham from 12.00 for a drink or arrive at 13.30 ready to start the walk. Approx 4.5 miles to the Blue Idol and back around the Coolham WW2 airfield.

**4 September...** Meet at George and Dragon pub, Shipley from 12.00 for a drink or arrive at 13.30 ready to start the walk. Approx 4 miles around Dragons Green.

**18 September...** 13.30, starting at TD Shipley site, approx 7 to 8 miles across the Knepp Estate.

**Let Richard (Reg) or Helen know if you wish to join us, or use the info@...email.**

### Karen's World Cup

Congratulations Karen, one of our walking footballers, who recently helped organise, an 'Old Girls World Cup' at Soissons, France, with around 200 women from all over the world. Karen had the honour of refereeing both semifinals and the World Cup Final; a close match between England and USA, USA winning 1-0. See Karen in the middle...in charge of the ball as usual!



### Men's Shed

The Men's Shed looks like a flower shop at the moment (see photo)! Inside, the **Bench of Contemplation** for Coolham Airfield is taking shape and two of our members will be carving the RAF wings into the back.

### Pétanque & BBQ

The weather just about held on Friday and we had a very relaxed BBQ and pétanque evening, with Laki organising croquet. Thanks to all the food contributors for a delicious spread. It was nice to see our local MP, Jeremy Quin taking an interest in everything, we appreciate the time he took. **Next one 30 August.**

### Hills Farm Lane Vets



New vets training arrangements! From **14th August** training will move to **Wed evenings 8-9pm** at the new **Horsham FC community 3G pitch**. There will be much more space than before, and training will include a short session on tactics, skills and fitness run by Craig, as well as match play. Trev has arranged a succession of friendly matches (see dates online) and league registration is underway. *If you plan to play, make sure your membership forms and payment is complete.*

### Walking Football

Well done to the walking footballer 'Supervets' who recently played Wallington, winning 5-2 after 4 15-minute quarters. Did you see them in the County Times?

The top pitch, which recently has been used for walking football, is now fully ready for action since we have purchased goals (thanks to **Magic Little Grants** from Local Giving). Also the pitch has been properly marked out, at the moment in 7v7 configuration.

### LOCAL LOTTERY COMING SOON...

*Horsham District Community Lottery. This exciting new, weekly, online lottery for Horsham District will give you the chance to win big bucks while helping raise funds to support local community groups and charities! We have been one of the first to register. Tickets go on sale end Aug, watch this space for more info...*



Get in Touch...

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